Padabhyanga – Massage of feet and legs with a warming bath

Standing on clouds. The massage stimulates the circulation of the subtle energy flow and leads to deep relaxation. In addition to the nurturing aspect, this massage has a positive effect on insomnia, nervousness, exhaustion, dryness or numbness in the feet and brings the energy back into the flow.

App. 40 minutes 62 €

Shiroabhyanga – Head, Neck and Facial Massage

Pleasant massage of ears, face, shoulders and cervical spine. It acts as a balancing act on the cerebral hemispheres and activates the upper energy centers. Just switch off and enjoy.

App. 40 minutes 62 €



Schlosstherme

Sweating, whirling, relaxing in Finnish sauna, herbal sauna, steam sauna and in two whirlpools (massage bath for $5 \in -$ chip available at the reception).

Opening hours of Spa Schlosstherme: daily from 3 to 9 p.m. (adults only)

Private Spa from 12 a. m. to 3 p. m. ♥
please book at our reception for 99 € incl. 2 whirlpool-chips (2 persons)
– every person more is 33 €

Prinzregentenplatz $2-4 \cdot 87629$ Füssen fon $+49-8362-930180 \cdot \text{fax} +49-8362-9301850$ e-mail: rezeption@schlosskrone.de \cdot www.schlosskrone.de





SCHLOSSTHERME

MASSAGES

english version





FLOATING BFD

Enjoy a hovering sensation that lets your muscles relax and soothes the warmth of your body. In a relaxing massage, high-quality creams or oils are applied to your body. Your skin can absorb the active ingredients optimally while you relax from everyday life.

Cleopatra Floating

We support your skin with moisturizing, slightly refatting ingredients with vitamins and minerals.

Chocolate Cream Floating

A high-quality cream pampers your skin and leads to a relaxed regeneration.

Honey Cream Floating

A relaxing detoxification of the organism over the skin.

Primrose Oil Floating

A treatment that activates the cells and counteracts aging.



30 minutes, each 45 €

MASSAGE

Aurum Manus

Aurum Manus® is a flowing dance of warm hands in intimate contact with the body of the treated person. Let yourself be pampered with a combination of different massage traditions refined with aromatic therapy and oil-heated precious stones. The stimulation of certain facial points and meridians causes a deep relaxation of body, soul and spirit.

App. 60 minutes $80 \in$ App. 75 minutes $95 \in$

Honey Cream Massage

A gentle stroking massage for your back or your whole body. It provides protection, care and revitalization for all skin types. The result is your beautiful skin.

App. 30 minutes 50 €



Bavarian Pine Oil Massage

Relieves tensions, muscle pain and rheumatic discomfort, headaches and helps you finding a positive sleep.

App. 50 minutes 70

Pure Energy Massage

Organic ginger oil has an invigorating and revitalizing effect. Its spicy aroma sharpens the mental powers. Essential lime oil activates the skin with its gentle astringent effect. Its fruity-fresh scent raises the mood and invigorates.

App. 50 minutes 7

Pure Oil Massage

The classic massage is performed with highly effective essential oils. Give yourself a little time out and you will get the strength for your everyday life.

App. 50 minutes 70 €



AYURVEDA – the art of seeing hands

Let yourself be led by highly trained masseurs and specially selected oils into the depths of your being.

Abhyanga - Full Body Oil Massage

Feel and breathe back into your body. The massage relieves painful tension and stress with heated oils, stimulates sleep, cleanses and nourishes skin and tissue, strengthens the immune system and rejuvenates the entire organism.

App. 80 minutes $104 \in$ App. 105 minutes $125 \in$

Upanashevada – Back Massage

A real treat for the back. In this warm oil massage spine, neck, shoulder problems and tensions are counteracted and pre-bent, so that the force flows freely again to walk through the world.

App. 40 minutes 62 €